

**WELL-BEING: A
COMPARISON OF
TRADITIONAL AND
NONTRADITIONAL
UNIVERSITY OF WYOMING
SOCIAL WORK STUDENTS**

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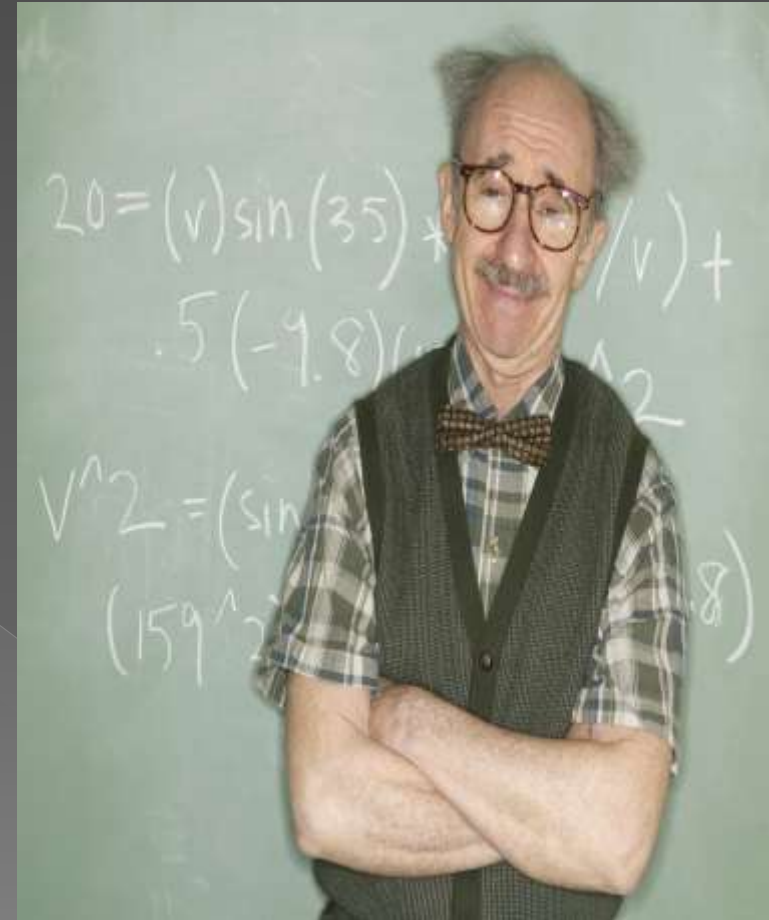
Introduction

- This study compared differences in well-being in traditional and nontraditional social work students.
- It was expected that the nontraditional student would report lower levels of social support, self-esteem, and well-being and higher levels of stress than the traditional student due to increased obligations.



Methods

- Design
- Participants
- Instruments
 - > General Well-Being Scale
 - > Index of Self-Esteem Scale
 - > Perceived Stress Scale
 - > Provision of Social Relations Scale
- Procedure



Provision of Social Relations Scale Results

- Scale Range: 15-75
- Lower scores indicate higher social support
- Traditional average=22.6
Standard deviation= 5.5
- Nontraditional average=26.7
Standard deviation = 7.3
- The differences between the scores of the two groups was found to be statistically significant with a P value of .016



Provision of Social Relations Scale: Traditional vs. Nontraditional



General Well-Being Scale Results

- Scale Range: 0-110
- Higher scores indicate higher well-being
- Traditional average = 69.1
Standard deviation = 19.9
- Nontraditional average = 70.7
Standard deviation = 17.6
- The differences between the scores of the two groups was found to have no statistical significance with a P value of .761



General Well-Being Scale: Traditional vs. Nontraditional

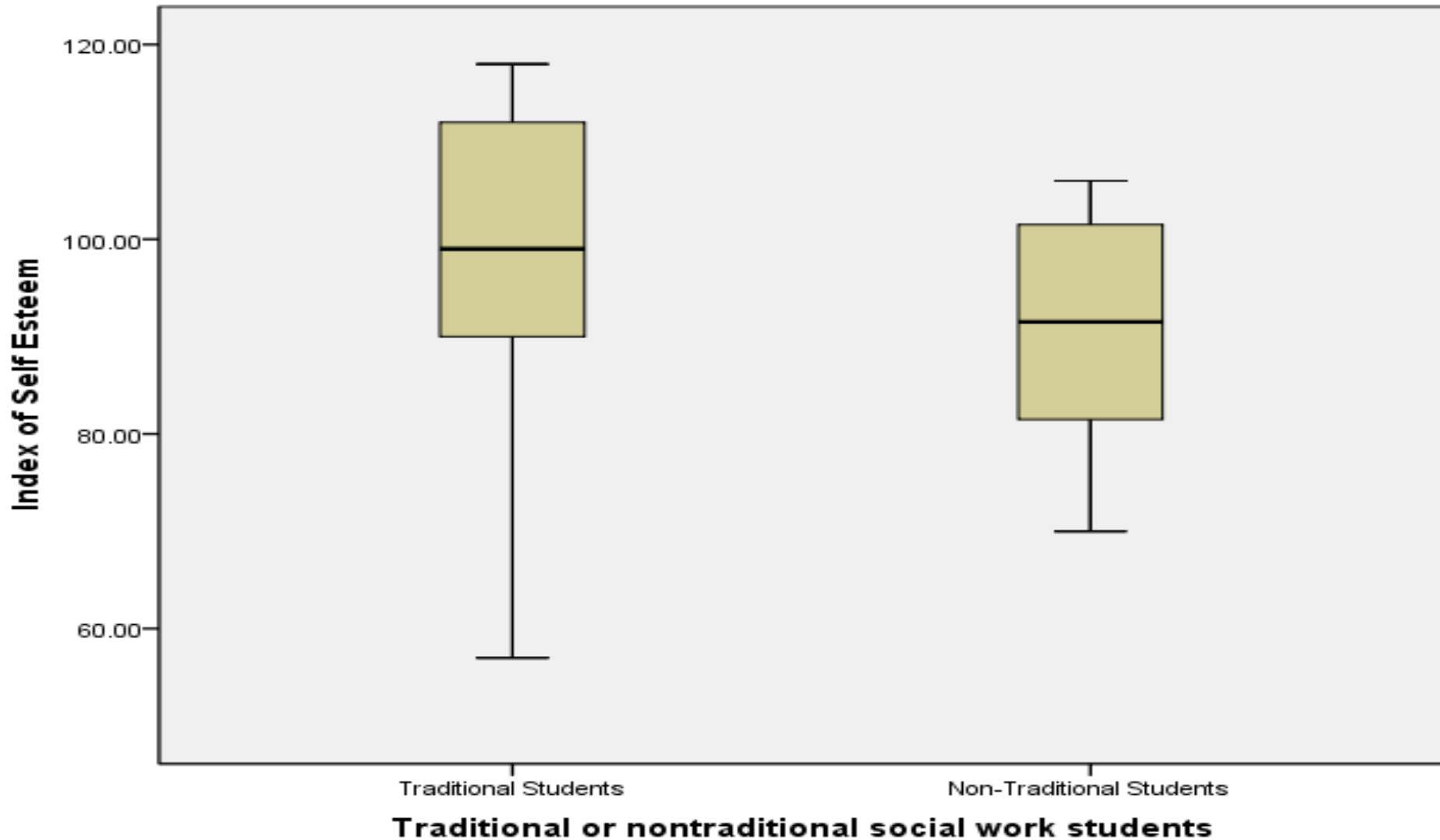


Index of Self-Esteem Scale Results

- Scale Range: 25-125
- Higher scores indicate higher self-esteem
- Traditional average = 97.2
Standard deviation = 2.5
- Nontraditional average = 90.6
Standard deviation = 2.6
- The differences between the scores of the two groups was found to have no statistical significance with a P value of .109



Index of Self-Esteem Scale: Traditional vs. Nontraditional



Perceived Stress Scale Results

- Scale Range: 0-40
- Higher scores indicate higher stress levels
- Traditional average = 18.2
Standard deviation = 8.4
- Nontraditional average = 16.9
Standard deviation = 7.0
- The differences between the scores of the two groups was found to have no statistical significance with a P value of .561



Perceived Stress Scale: Traditional vs. Nontraditional

