

Recess and Other Physical Activity Opportunities Quantity

	N	Minimum	Maximum	Mean	Std. Deviation
Average number of recess periods per day offered in elementary schools (excluding the time that is combined with lunch time).	49	0	2	1.29	.500
Average length of recess periods that are not combined with lunch time (minutes)	33	5	25	17.88	4.682
Average amount of recess time combined with lunch time (minutes)	49	0	40	19.69	7.389
Average weekly minutes of recess (not combined with lunch time)	49	.00	250.00	107.6531	54.29570
Average weekly minutes of before-school physical activity opportunities	3	20	150	76.67	66.583
Average weekly minutes of lunch-time school physical activity opportunities	2	20	60	40.00	28.284
Average weekly minutes of after-school physical activity opportunities	16	55	600	182.81	171.308
Average weekly minutes of weekend physical activity opportunities	2	60	120	90.00	42.426

a. State = MI